

**New Space**  
**Literary Gate to the Soul**





A book is a gateway to the soul,  
which will always take you into a whole new space,  
sometimes moving, sometimes seductive, sometimes funny.

‘Sleep with the book, hug the book’, others say,  
‘even if you are alone, the book will always remain  
your reliable friend’.

Your bookshelf is an unfailing support group,  
*as they used to say about a pack of cigarettes.*

**It is essential. Look at your shelf with your paper friends –  
have they ever left you?**

**At a time of crisis, what can we do but escape in books?  
But this is not an escape, it is building a new life,  
new identity, a new point of reference.**

This reference point makes us strong and ready for tomorrow.

Today, the soul has become our common identity,  
where no nations, no social grounds, but the universal soul  
is the reference.

And so our authors tend to see this perspective, in different  
visions and descriptions of our soul and in the quest for  
the primary contact with the soul.

We are  
the contemporary finders and seekers of truth about the soul  
and the riches emanating from the contact with it.  
Of what man needs is to heal his soul, regain happiness  
and peace.

We wish you an exciting journey through our books,  
in which the authors have tried to make roadslopes  
on the path less bumpy  
and provided guideposts along the way  
for the lost and weary soul.

**Thank you very much for being at least  
a few moments with us.**

## **Authors:**

The New Space has versatile authors. Among them are journalists, screenwriters, personal trainers and healers, or even clairvoyants.

### **NEW SPACE OFFER**

**Now, the following authors' books are on offer by NEW SPACE IN ENGLISH and others are on the way:**



**Izabela Margańska** – a transmitter of thoughts, leading to an understanding of the soul.



**Dora Rosłońska** – author and translator of Kiesha Crowther and Sandra Ingerman's books, teaching you to work with the Animal Spirits and to use shamanic techniques for healing.



**Alexander Deyev** – a guide through the channel of the soul, helping to regain the natural contact with your inner, forgotten part.



**Weronika Dąbrowska** – architect, landscape designer, author of the book of talking to trees.



**Renata Engel** – a clairvoyant, teaching to get rid of destructive patterns, organizer of workshops.



**Joanna Malinowska** – a journalist, film director, author of the fairy tale about the children of the stars and a white dragon.



**Ras, Mariusz Paško** – “the man from the wardrobe”, an unconventional, totally revolutionary artist, creator of the charity foundation and his workshops.



**Marzena Tomaszczak** – unique author and poet, with education in early age pedagogy, with special focus on children, self-development and self-creation,

and



**Maciej Wiszniewski**, the founder and owner of the NS Publishing House, founder of new depths in life after his journey to Tibet.

**More details** about the above authors and their books can be found **on the following pages of the catalogue.**

The New Space Publishing House has also published several books of many other authors, among them:

Edyta Adamczewska – **author of the book “Mystery of birth. The Lotus Birth” – a unique publication for parents preparing to welcome their child with the focus on the importance of placenta. The delicate, legible, sometimes humorous form sheds new light on the first moments of a new baby in the world. A publication for both women in the blessed state, their partners and for all those who want to know how children want to come to the world. Combining East and West, the author shows links and references to the methods known to women for millennia.**

Magdalena Anna Dapczyńska – **author of the book “One Life. My vision of the World” and the volume of poetry “The Whispered”. Naturopath, a therapist with a ‘divine gift’, to whom long queues of patients line up. Since her birth, she sees more: organs in the body, individual cells, auras, energies.**

**She conducts workshops under the same title: “One life – my vision of the world”. She teaches others how to develop their abilities, how to help themselves and their loved ones, and above all, she makes them more sensitive to the world that is invisible to most mortals.**

**Alina Lużyńska – singer, actress, traveller. Author of the book “Consciousness Change” offers a proposal how to transform our life, combat fear – the greatest obstacle – discusses the problem of the world, which is increasingly spiritually barren. She is also the author of “Tear of the past”; working on its next parts entitled “I’ve met my angels”. Head of the company Art-East dealing with the organization of cultural events. Participant in beauty contests, eg. a finalist of Miss Hawaiian Tropic – Intercontinental Warsaw. Played roles in several TV series.**

**Anna Miarczyńska – author of the book “Rumor in the Forest” – created in the spirit of the native culture and knowledge of the Slavs. It is associated with a tradition that has been denied for years, and is now slowly reviving. It helps to discover the roots of the Slavs, their identity and their relationship with other people on Earth, Sisters and Brothers, with Nature – Mother Earth. It helps to recall the Laws of Nature, which have always been known to all indigenous cultures. This is also a book for adults who have not forgotten that they used to be children or want to remember about it and as such, it connects generations.**

**Filip Wolański – a professional sportsman, author of the book “Soul of an MMA warrior. The connection of two worlds”.**

**The most unbelievable combination: a fighter with a pigeon heart is like a combination of fire and water. Draws into the inner world of a mature soul hidden in a young athletic body. Anyone who has seen caged fights at least once in their life, or has minimal knowledge of mixed martial arts, will surely know that this is not fun for polite children. Nevertheless, the reality turns out to be much more amazing. Philip shows himself to the reader as both a loner and a good friend, son and fiancé.**

A few more words about New Space books:

**Yes, we have the transmissions that have been received by individual Great Masters living in solitary confinement or long ago, in the distant past. However, the authors of New Space are, above all, ordinary people struggling with the hardships of everyday life. Everyone does it on their account and in their unique style, which is why the subject matter is so diverse. From human relationships with nature (“Talking to Trees”, “Awakening of the Lady Fox”) through travelling (“A View through the Soul”), spiritual therapy (“The Civilization of the Souls”), conversations with the soul (“Soul to Mind. Messages from my Soul”), clairvoyant stories (“The Truth Inside”) to fairy tale of aliens living on Earth (“The Starfleet Children”).**

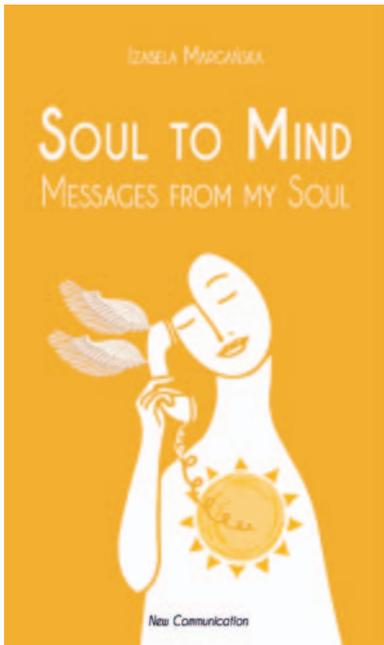
Each of the books is a guide on the way of knowing oneself. We are convinced this understanding and awareness are necessary for today’s civilization, which has limited human being to the mind and body only. We all travel to the inner truth. The authors of the New Space Publishing House are **pioneers discovering new, unknown lands, which in the future will be populated with similar, courageous souls.**

# DETAILS

## WRITERS AND THEIR BOOKS PUBLISHED IN ENGLISH:

Our writers:

Izabela Margańska – **author of the book “Soul to Mind. Messages from my Soul.”** She is not a highly educated person. She says about herself that she never liked to read and all she knew about God was that “you have to pray to Him on your knees”. She did not ask existential questions and was not interested in spirituality until she began to hear an inner voice, entering into a dialogue with her thoughts. On the advice of the therapist, she began to write down the words she had heard and then started to ask questions. The book has been written in the form of a dialogue, which is why it bears a second title: “A Handbook of the Art of Communication with the Soul” The author and her soul talk about everything from everyday and mundane problems to the laws of the universe and God. For example, she describes her moving from Greece, where she spent 27 years and return to Poland with one suitcase in her hand because that was how her soul told her to act. She talks about diet and slimming, about relationships with men in her life, and, on the other hand, she quotes the universal laws of the Earth, which neatly overlap with human experience. The author considers her adventure fascinating: ‘I still can’t believe that it all happened to me. Of course, miracles do happen, but “not to us” – we think most often. The most credible miracles happen a few thousand kilometres away from us, but certainly we cannot be surprised by anything weird’.



The Book:

*“Soul to Mind. Messages from my Soul”*

**The first in the author’s region, and probably also in the world, textbook teaching the art of communication with the soul.** The author plays the role of a translator, someone who has can understand the words of the soul. As she stresses, she never intended to write a book, nor did she want to talk to the soul. She says about herself that she is just a normal person with a ‘talking soul’. In the introduction to the book, she writes that she was looking for different ways to find happiness in her life, but neither the workshops nor the visualizations nor the techniques did not bring any changes. Finally, she has given up everything, she accepted her life as it is. As she claims, this was the beginning of changes within her – the act of acceptance.

The book is written in simple, everyday language and describes everyday situations, which is why it is easy to find your own experiences in it.

**The soul speaks of quite versatile things – cooking dinner, slimming, broken knee, as well as of the origin of the universe (...).**

*‘If we had proper contact with the soul, fear would not exist, there would be nothing to be afraid of’.*

Extracts:

‘Ever since I can remember, I have tried to find the golden mean for happiness. I signed up for as many self-development workshops as I could, spending a lot of money on them. I applied all of the tips I learned, I affirmed and visualized my desires, all to no effect. I wasted over 15 years of my life on these methods. From today’s perspective, it seems so obvious to me that those methods are flawed. We close our eyes and we visualize, but when we open them again, the world is still the same, it just does not want to conform to our visualizations. (...)’.

*‘I was very surprised when I discovered that others had the same problem, that these methods were useless. I realized that it was not only me who was having problems. I didn’t analyze why this was the case, I simply gave up on these methods. (...)’.*

*‘Someone is beating their fists against the door of our heart, so hard that this racket must finally rouse us. Sleepily, we get up and open the door, and our guest says: I am your soul and this is my home,*

*let me in please, I can't stand wandering any more. And we say in reply: I don't know you, you have never lived here, go away'.*

'Energy cannot be seen, only felt. I leave it free to act as it will, it is more intelligent than me, and my decisions haven't taken me too far in life. Everything changed the moment I let myself be led'.

*'The soul protects us and we protect it. Without a soul, we are exposed to all of the evil of this world, and our soul, without us, is exposed to kidnapping and being robbed of everything it owns'.*

*'Life can be a fairy tale and we, by taking an active part in it, can extend the existence of our civilization'.*

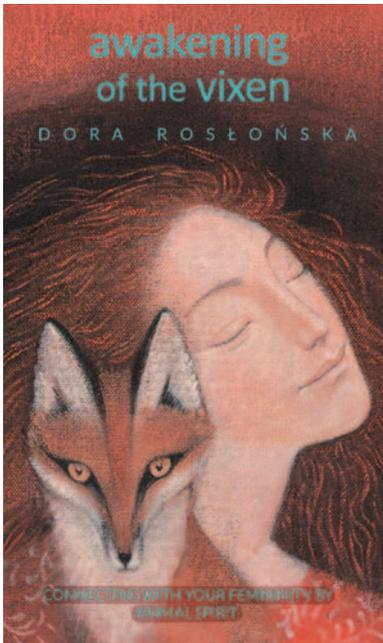
**At the end of the book, she says:**

'This is where this book ends. I do not know if I have the right to sign it as the author. My soul says yes, but I never wanted to write it, it forced itself on me. 'But you agreed in the end'- my soul says to me – 'That gives you the right to sign your name and surname at the bottom'. I was commissioned to write it directly by God and the Archangels gave this order to my soul'.

Our writers:

**Dora Rosłońska – author of the bestseller “Awakening of the Lady Fox”, “On Those whose Dreams come true in the Forest” and „Emma enters the Forest”. Screenwriter and journalist, translator of Sandra Ingerman’s and Kiesha Crowther’s books.**

For years, she has been exploring the truths and methods of shamanism, which she uses to help herself and the others to discover their natural potential, self-confidence and belief in whatever is positive. A Promoter of the idea of the Animal Spirit – drawing on its wisdom and support in solving any life problems.



Book:

*„Awakening of the Lady Fox”*

**“Awakening of the Vixen. Connecting with your Femininity by Animal Spirits”** is a book that gives women guidance on how to discover their potential and use it in everyday situations. The book, published in Poland, has been compared to the iconic “Women Who Run with the Wolves” by Clarissa Pinkola Estes. The author reveals numerous mental stereotypes that block our actions, self-confidence and the joy of living. It is, among other things, fear of being judged by others, instilled fear of failure, or simply being too hard on yourself. She articulates her concepts by using the symbolism of the Animal Spirits, which reveal to women different aspects of their femininity. The notion of ‘femininity’ is tightly connected to a set of restrictions, expectations and imaginations, leaving no room for being simply itself. Dora Rosłońska – talking about her way to herself, suggests various solutions to get out of this golden cage and become truly yourself. She brings closer the stories and methods that she had worked with during her journey to herself and during the healing ceremonies she performs for other people.

At the beginning of the book, the author explains how to open yourself to work with the Animal Spirits. You can see how these archetypes cooperate with us in the modern world. Next, she presents 15 Animal Spirits, which – as symbols or archetypes – explain and heal some aspects of the femininity. She gives examples of contemporary problems and illustrates which of the Animal Spirit can help in the healing process of a given matter.

## Extracts

### **From the Chapter: “The Black Panther and the karma of the evil mother”**

*If you feel you are the Black Panther, think for a moment about your relationship with your father (...). ‘The Black Panther has in her mind a heavily distorted image of a man in her life. Deep down, she feels resentment towards him, because he has been too much in control over her sexuality, adolescence and transformation into a woman. (...).’*

### **From the Chapter: “On the Swallow”**

*‘Fly like a Swallow (...) Drop the nun’s habit costume, guilt and shackles, both of your hands and your mind. (...) There will be no punishment because there is no guilt. Guilt is an illusion that you believed in. (...)’. ‘When you become aware of this pattern in your activity, then you will realize that it is only a mental program and you will have the strength to say, “I will do it, I want it and I will fight for it.”’*

### **From the Chapter: “The stages of the conscious femininity”**

*‘You’re a woman. Stand in front of yourself in truth, look at yourself in the mirror. Do not let anything disturb you in this conversation with yourself right now. You are here, you exist. Just so. **This book is your mirror. Look through it, and find here the mirror reflections you want to erase. (...) Look again to finally see the powers you have in yourself, in your heart and your feminine nature.** You can do it. The Animal Spirits support you in this, with their Love and faith. **You can do anything’.***

(...)

‘It is you who decide what woman you want to be, what kind of femininity you will experience in yourself. You have the whole range of options to choose from because you are the Spirit of femininity. The Spirit of the Woman. **Give yourself the right to be the woman you want to be, without others imposing a scenario on you from the outside. The woman is in You, You create her.** If you want to be a humble sheep, following the herd – be it. If you want to conquer the world by fighting a war – be a warrior and defend your ideas about yourself. The clue is for you to have your own goal in it, which gives you the true fullness of existence. It can be the experience of Happiness, Love and Abundance. It may be longing for something or someone. It can be mortification and sadness. The choice is yours’.

(...)

**‘During the meditation, you will see the Rabbit in your vision. Follow him, like Alice from Wonderland.** Run after him, and he will guide you through the whole process.

**From the Chapter on Black Panther** again: “A Relationship with the father”

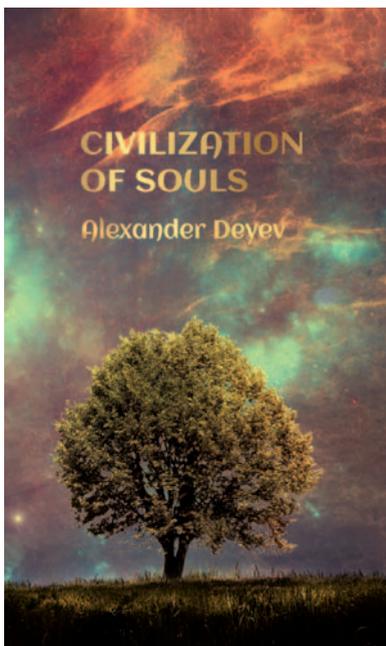
‘Inside the masculine human beings, there is a lot of goodness and delicacy, peace of the trees and the strength of nature. They are as sensitive as you are, but just as intimidated. **They fight women so hard because they are afraid of them. First of all, they are afraid of the power and beauty of women who awaken in them their primal strength.** (...) Nourished with legends

about evil witches and the charms cast by women, they are also victims of the false image of a woman. Together, you can free yourselves from it. **Your decision is enough, to meet the men on your way who are waking up from their dreams, just like you.** This type of man can wake up in your **father, partner, brother,** or a newly met man, your intent is enough'.

Our writers:

Alexander Deyev – **Author of “Civilization of the Souls” and “Longing of the Soul”**. Polish author of Ukrainian origin, charismatic speaker and spiritual therapist. He began his adventure of spiritual healing with the teachings of Tibetan Buddhism Bon. His master and teacher was Geshe Tenzin Wangyal Rinpoche. Today, he helps others in solving various health problems: physical, emotional, mental and spiritual, even in such cases where other therapists cannot help. He assists in regaining contact with their souls.

He teaches that each of us can have contact with the greatest healer in the world – God. In his book “The Civilization of the Souls”, he describes the journey deep inside oneself, which enables to get to know the soul and its place in the spiritual world. According to the author, this is the only way to skillfully use the universal energy of God. This energy is available to everyone who opens themselves to it, just with the help of their soul.



Book:

*“The Civilization of the Souls”*

It is a huge portion of precise spiritual knowledge, very practical.

**There comes a time when everyone asks himself questions about the meaning of life, or he senses explicit longing, no one knows for what. Psychology describes this time as a “middle-age crisis”,** and according to the author of the book, it is a time when we realize **the lack of connection with the soul.** We have lived half of our lives in this state, so it is time to follow the inner voice and quench our longing. In what way? Best of all, knowing that we are more than just a body and mind, we should begin our journey into our interior, where we can meet ourselves – our soul.

**We all know how hard it is to do it. In a busy and increasingly faster and faster world, it is becoming more and more difficult to reflect for a moment,** to have a deep thought. It is more and

more difficult to obtain real knowledge, and more difficult to find real help. True knowledge has, alas, become a fine powder, mashed all over again, a slurry, which has been sold on the streets, on the Internet, in bazaars and shopping centres.

Therefore, knowledge resulting from many years of experience and practice is so valuable today. The book consists of two parts: “Lost Souls” and “Civilization of Souls”. The first one talks about the life of an individual soul, its relations with others, the second one widely encompasses the whole of humankind and even extra-human civilizations. **This is an important piece of writing, breaking patterns, throwing us out of lethargy, sometimes shocking.** A must-read for those who are seeking and want to open themselves to human development.

**You can meet this author on youtube in the videos  
of meetings with readers:**

**Film:** The Book – “Civilization of souls” Alexander Deyev – author’s meeting in Krakow.

**Enlightenment:** – “Let us allow ourselves to meet our Soul through God” Alexander Deyev: [https://www.youtube.com/watch?v=CCgAInNYceA&feature=emb\\_title](https://www.youtube.com/watch?v=CCgAInNYceA&feature=emb_title)

**Film:** The Book – “Civilization of souls” Alexander Deyev – author’s meeting in Krakow part 2

Health of the Soul – the harmony with the outside World – Aleksander Deyev, [https://www.youtube.com/watch?v=c06IyGLmPtI&feature=emb\\_title](https://www.youtube.com/watch?v=c06IyGLmPtI&feature=emb_title)

## Extracts:

*For thousands of years, it has been known that there exist some poisons of the mind, which induce some toxin, making it impossible to live a conscious life. This life becomes poisoned, intoxicated. **Among these toxins are for instance:** the excess of the negative emotions, which fulfil our lives: anger, jealousy, pride, desire, and stupidity. If these emotions have been our guides, they undoubtedly lead to the emotional burnout, and finally – to the psychological ruin. All of them have been strongly destructive. **Each activity and each decision, which we have made up under their influence, will destroy our relationships, friendships, love and co-operation with other people; and they will destroy ourselves.***

*Each man is the home for the Soul, and the Soul feels secure dwelling in our subtle bodies. The problem starts, when the subtle bodies, because of the particular changes in our life, especially the emotional changes, stop to be the appropriate environment for the Soul.*

*There are three kinds of love, and each of them is completely different (...) The Love of the Souls, Ego love and Karmic love.*

*As I have already mentioned, the matrix governs the weather, the ocean currents, temperature, the radiation reaching the Earth (...).*

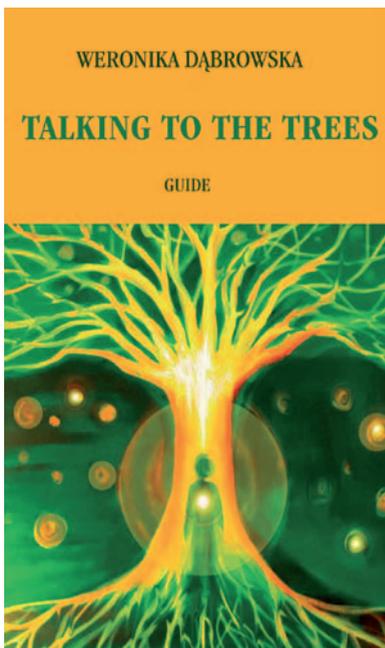
*First of all – they tell about violent and long-term shifts of temperatures within the atmosphere. The reasons for these changes depend upon quite different, often independent factors.*

‘The second thing is – the Earth and the whole Solar System, enter into a new cosmic radiation belt, which is a natural process’.

**Deyev tries to address these problems,  
by finding solutions,  
looking for a path to one’s soul,  
Human Angels, Angelic Soul,  
triggering the soul,  
recognizing the Soul’s voice and trusting its guidance.**

Our writers:

Weronika Dąbrowska – architect, landscape designer, author of the book “Conversations with Trees” and „The Wisdom of Trees”. “Conversations with Trees” is a practical guide for those seeking spiritual contact with nature, for artists, for people seeking their strength and inspiration in themselves. Trees, according to the author, are immersed in love and have no ambition to become authorities. They are our guides. They lead everyone to himself. Our ancestors knew their power. The book presents practical advice on how to return to the ancient contact when everything on Earth was connected. Contemporary man, lost in civilization and the dead concrete building blocks, lost contact with himself, just as with nature. The author, as an architect, understands space but also sees a lack of balance between the artificial and natural space on Earth. More and more artificial reality cuts off man from the field of his heart, makes him a robot, while trees want to help him and they can do it if he learns to contact them.



Book:

*“Conversations with Trees”*

It is a reading that changes views and stereotypes about nature, especially about trees. We have known it for a long time that plants feel. It is nothing new, that some people cuddle up to trees in the forest and talk to its flowers in their garden or at home. However, what the author writes about trees exceeds the wildest expectations. The trees have given her knowledge about our planet, share the memory of our roots, and above all, they heal us. Every tree has its properties, every tree possesses knowledge and gifts that it is willing to submit to a man. If he wants to accept these gifts, he must first believe, that this is possible. Trees teach and protect us. They love us even now when we as mankind don't take them into account seriously, flooding the Earth with concrete building blocks. It is reading full of warmth and love, like the author herself, who took on the task of

contacting us with a world so different from our own. The book teaches us how to make friends with trees, how to open ourselves up to the possibility of their healing powers.

The knowledge contained in this book lets the reader arrange one more puzzle in a big multi-dimensional connection of human with the world of minerals, plants, animals, souls and all Universe.

In this book, several trees have been described in regards to their role on Earth and how directly they can help us. The position of trees has been raised to the luminous plants, similar to the ones in “Avatar” movie where at night they were shining brilliantly, and for a man in need, it was possible to head for to a holy tree, the tree of souls, for a counsel, or to ask for help.

Few practical tips, how to profit from benefits of trees: ● There are a few elementary rules of conscious touching of trees ● Young trees should not be touched because human bodies are too toxic for them and could cause sickness [disease]. ● Trees without leaves should not be touched in winter because at that time they sleep. Waking up could harm them and fasten vegetation and florescence. ● Trees should be hugged through touching and embracing, in which the most important are hands and feet.

The book represents foundations to enter into the magic world of trees. The Author describes many trees and their role in human life via this magic novel.

## Extracts

*'To discover yourself it's good to lose the way in a forest. Because losing the way You can find the real Way'.*

### 2. Fir (Picea abies)

*Tree energy: Feminine*

*The element: Fire, Space.*

*Interests: Mysticism, Fidelity, laws of the universe, time.*

*Role: Mental healers of spaces infected by stupidity and fear.*

***Specialization of healing:** Firs belongs to spiritual trees. It is a family of trees, which chose for living terrains with a large tract of land. Contact with an informational ray of source, after which firs care helps people compare laws, which they create with natural laws. They support removing roles and masks from people, which blocks personal potential. Helps to come back to yourself. Recommended for seeding in the neighbourhood of schools, training centres, where there is a danger of creating excessively oppressive rules blocking human potentials and bad competition. Helps in breathing. Support reach peace and happiness through cleaning mental blockages. Branch of Siberian fir decreases for 50% amount of pathogenic bacterias in a room.*

#### **FIRS SAYS:**

*Knowledge has a spiral character, knowledge expands by leaps and bound.*

*That is why it expands beyond your consciousness.*

*Trees convey the information from the above, from the Source.*

*Human connected in soul with himself is connected with every creature.*

*Only in a fullness human will fulfil.*

*Fulfilment is only commitment.*

*Cast out hierarchy and desire of authority.*

*We show You, that authority is not paramount.*

*Only inner iconography can appease the emotional hunger of humanity.*

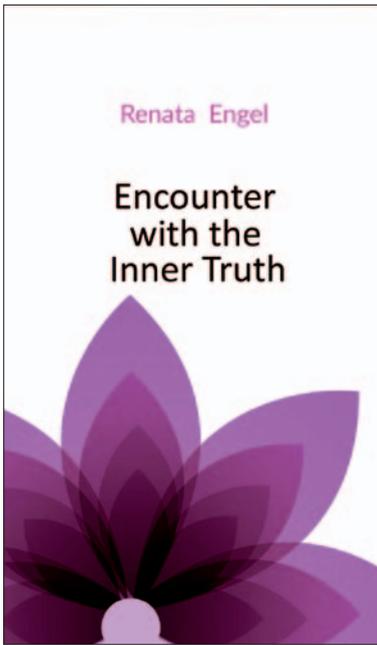
*Earth needs power and power is from inside [centre].*

*Stolen power abate in the hands of foreign creatures.*

*Stolen power, when comes back, effloresces.*

Our writers:

Renata Engel – **clairvoyant, author of the book “The Truth Inside” and “Understanding the Pattern of your inner Conflict”**. **Since childhood, she could see reality differently**, at first the images and information appeared in an uncontrolled way, with time she understood more and more. **The clairvoyance has been a skill of women in her family for a long time**, her great-grandmother and grandmother were also gifted with it. However, she was hiding her abilities for a long time, and the breakthrough was a car accident, after which she suffered a spinal injury and was immobilized. Then she realized that what she could do was valuable. A few months later, she was already working as a clairvoyant. She also embarked on a fascinating journey into herself, looking at her reactions and emotions, searching for the truth in everything. The internal change slowly began to entail a change in external circumstances. She began to understand what spiritual development is. She says that ‘it is not important if we have any supernatural abilities, it is important whether we have made a decision for ourselves, or if we truly decide to embark on a journey into the depth of self-knowledge.’ She has developed an independent method of personal work and shares it with others. On this basis, she also wrote a book, hoping to become a guidebook serving as a signpost.



The book:  
*“The Truth Inside”*

The book was written to change the point of view, to see, in what has been happening to us, the meaning, maybe a hint, or even a clear message, how to live our lives from now on. **The author** says this about her book: *‘Each of us has a long and amazing journey ahead of us – life. Why not take a guide on this journey? My book can be such a guide for you. Thanks to it, I would like to introduce you to an interesting point of view. If due to it, we arrive at happiness, then nothing should stop us from reading, to which I cordially invite you’.* She continues to argue that it is not important whether we have any supernatural abilities; it is important whether we decided for ourselves, if actually and truly we have decided to embark on a journey into the depth of self-knowledge. **The author has developed an independent method of personal work and on this basis, she wrote a book.**

Her priority was to pass on all practical knowledge concerning the method of discovering your inner Self and deepening your knowledge about yourself. *I was guided by the desire to facilitate the path for others and show the process of understanding oneself in the most accessible way, and I very much I hope that I succeeded in doing so.*

***What is this book about?*** 'I am amazed at how many people are at the mercy of unknown powers, and instead of trying to learn more about them, they pretend that they got it all'. Carl Gustav Jung

#### Extracts:

*'The specific objective of this book is to help you expand consciousness, in particular, to inspire you to look for ways to do so. The acquired tools will (...) lead you to a happy, fulfilling life.'*

*'In numerous cultures, people have developed various methods of seeking truth and self-development. They come to this in their ways, they call it differently, they use different terms. I have gone through various religious practices and psychological methods myself. I want to treat my means of work as a reference point: If it works for me, it may work for you. I believe that anyone in their way can use their deep inner strength and come to that.'*

*'You can also find numerous reports of clinical death, of leaving the body. There is a vast wealth of spiritual achievements of Christianity, Buddhism, and Huna. In all systems, the goal is to take conscious work*

*on yourself (...). It is difficult today to insist on the belief that after death everything disappears and fades into darkness’.*

*‘PATTERNS ARE HABITS. The way we get conditioned in the early years, we transfer to others. The pattern seems to go beyond the family circle. We manifest the pattern in every situation imaginable. It is deeply embedded. My father was cheating on my mother, so when my husband takes a call, I grow jealous even though I have no idea who my husband is talking to (...). That is when the old pattern gets activated. In my childhood, I acquired a sense of dread with which my mother used to live, and it still has power over me’.*

*‘Sometimes we deny ourselves the most basic things. Many of us do not give ourselves the right to:– to have a good job (...)*

*– to be loved (...)*

*– (add here some examples of simple, fundamental rights and pleasures that people you know deprive themselves of):...*

*– ...*

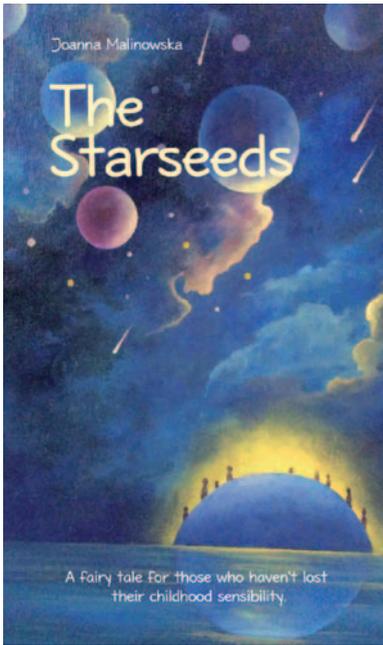
*– (and add at least three things here you deprive yourself of)...*

**Don’t do this anymore. Live life to the fullest’.**

Our writers:

Joanna Malinowska – **journalist, film director, author of the book “The Starfleet Children”**. Her passion is to discover human nature, the individual quality of the soul written deep in the heart. **The Starfleet Children, children of the stars, is a metaphor for describing unique people** who often do not dare to show their uniqueness to the world. The Starfleet children are cosmic heroes, divine messengers who come to the Blue Planet to accept the loss of their memory. Thanks to the heroine of the book – Lu, who came to Earth from a distant Planet of Light and adapts to live in a reality alien to herself, we learn the way of inner transformation of a human being.

Lu talks about the hardships and joys of life on Earth when man begins to realize his origin. The inner transformation becomes the engine and a driving force of life’s transformation. Like every fairy tale, this one has its moral message, which is best expressed by the words: *‘You have nothing to lose – fall in love with yourself, give yourself attention, sensitivity and patience. Then freedom will appear in place of the illusory control. You will only find out how much you can give the world’*.



Book:

*“The Starfleet Children”*

‘That’s real happiness – to be yourself. The Starfleet Children, with their memories, no longer need a reason to be happy. They are happiness themselves and there is no other way’. This is a book about discovering our stellar identity, about reminding us who we are, and what our goal is. The Starfleet Children carry in their hearts the Light that radiates through the world, makes it a better place to live. The world of imagination and hard reality intertwine in this book, just like in the life of the Starfleet Children, endowed with exceptional sensitivity and empathy. The book brings self-confidence and trust into one’s power, helps to discover the potentials hidden behind the veil of false thoughts.

According to the author, the discovery of the stellar identity in oneself is a necessity at a certain point of our life, if we want

to develop further. However, it is also a duty that we owe to the young generation. Without an insight from the adults, youth will only remain with a perspective of a rebellion, which we have not seen in the world's history so far.

#### Extracts:

*'It always hurts what is not true. The truth gives wings and adds strength, the lie inflicts pain, cuts the knees and destroys. You believed (...) in a lie about yourself and you started to shrink. No one is guilty here, everyone has the right to proclaim their truth (...).'*

'(...) It was only when you denied life, or yourself, that the trouble began. Now you are sure that you are worse, less valuable, but you have learned to hide it very well. You have mastered it. You can now fool and deceive everyone, just like everybody else has been doing it, some better and some worse. However, above all and foremost masterfully you have learned to cheat yourself'.

'You are selling yourself every single day for a handful of acceptance, maybe even for some admiration and amazement, or just for money. Every day you hate your job, you cannot look at your partner, you suffer from the most sophisticated diseases (...).'

, The mind left with itself, on its own, without the energy of the heart, has been creating endless illusions, worlds straight from the „Matrix” movie, driven and empowered by the most ailing imagination(...).'

‘We have recognized the old teachers, monasteries, ashrams and retreats as unfashionable, and we exchanged them for more modern, Internet-based and well dressed. However, this is not any change, this is not the way. We have identified the authority with a long, white, black or orange robe, and we have questioned this authority. We have come out of the sheep farm. Meanwhile, we enter new farms, whose authorities and shepherds dress we like, the style that pleases us. Some in impeccably clean shirts to show that they have succeeded (...)’.

‘- Paradise on Earth. To restore what has been the dream of the universe. – I felt a bit stupid. – I still believe that it is possible (...)’.

‘(...) For some it will remain an unrealistic fairy tale, for others, it will become, perhaps, an inspiration for change’.

‘(...) Meanwhile, it is exactly the heart, the **gateway to the soul that distinguishes us from electronic intelligence. (...)**’.

‘The task of all of us is to save and rescue ourselves and the Earth from the catastrophic transformation of the Blue Planet into a desert-like military training ground, interspersed with the farms of robots incapable of higher feelings’.

**‘Apparently, there is some truth in every fairy tale. The Starfleet Children will become real if we can find them in ourselves’.**

Our writers:

**Ras (Mariusz Paśko)**

**The author of „Asleep through Life”, organizer of workshops on self-development.**

*Ras about himself:*

#### CHARITY WORK

Since 2019 he has been running a foundation supporting entrepreneurship '8', dealing with all kinds of development in the world through social activity, entrepreneurship, artistry.

#### THE BIOGRAPHY

Mariusz Paśko, alias Ras

#### EDUCATION

He dropped out of school mentally at the age of 17.

He does not believe in formal education, he is a supporter of self-study, self-based learning – with private teachers.

Every year he participates in courses/workshops run by people with a thorough practical knowledge.

#### CONTROVERSIES

An eccentric personality and eccentric personal image.

He has visible tattoos, which cover 50 per cent of the surface of his body,

His activist campaigns have used to be very controversial.

## POLITICS

He describes himself as an anthropocratic, claiming that the world needs a political transformation.

For him, every political faction does not serve the sake and good of humanity. The basis should be a centralized world power.

His statements have been tinted with the cosmopolitan perception of reality.

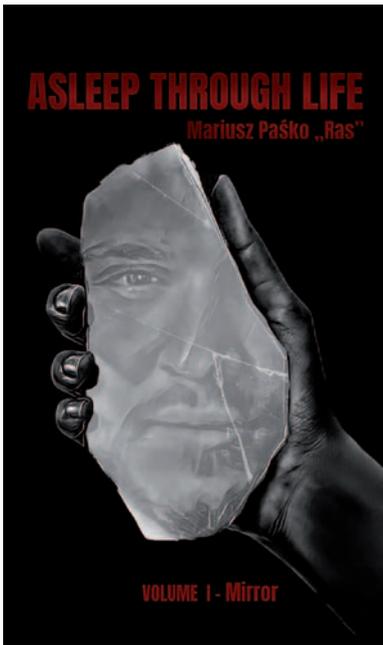
## LIFE CURIOSITIES

At the age of 17, he found himself in a sect, after which he understood, what is social indoctrination.

He also had a minor episode of homelessness.

He was a vegan for many years.

'I'm in charge of guiding people to their changes. I'm not a psychologist or a doctor or a clergyman (...) I've been involved in the personal development of individuals, but I also conduct meetings in larger groups. My mission is the change of the perception of man's vision, learning to live a happy life, elimination of internal blockages, determination of the goals of a predisposed life mission, based on one's internal predispositions. A few years ago I went through a tremendous transformation of consciousness. Since that time it has become my social direction to bring help to the world. (...)'



Book:  
„*Asleep through Life*”

The book "Asleep through Life" is quite controversial. The author presents in his work a collection of thoughts about life, in which the main reflection and leitmotif is the comparison of people to lunatics and sleepwalkers. According to the author, man is only a puppet in the hands of the system, God, Fate or of another human being. (...)

*After reading it, each person can help himself or herself to answer the question: am I under the influence of my true self, or am I more dominated by someone else's influence, of some stranger? The inspiration to write the book was to walk on the stones that hurt his feet. Ras shows his eccentricity straight from the first page when he writes he has dedicated his book to the 'people who helped me and all those who disturbed me'.*

## Extracts:

*'There is a hidden beast in each of us. A beast that can be good or bad. Only a few can to transmute the energy from within us and use it to achieve the goals and objectives of life. What the realization of our life will look like depends on our awareness. The Japanese call this inner energy **Kuzuri 1**<sup>1\*</sup> which literally translated means a wild beast'.*

*'This morning, while doing training, I stumbled over rocks in the backyard. Every few minutes I felt an unpleasant condition once on the sole of one foot and the other time – of the other foot. (...) Every few moments I felt bad energy resulting from the discomfort. Then I thought: **Why am I doing this? Why am I torturing myself? I stopped for a moment and then decisively lifted the rocks and set aside the table at which I had a vegetarian meal, or at least that was my idea. I thought these stones would be a symbol of eliminating the obstacles that have lied in my path. Unfortunately, I got so much used to them that I underestimated them'.***

*'Every human being passes by the evil that he or she does to himself or herself and he passes it by means of a kind of anaesthesia. Often we do not even have to eliminate anything – anything that bothers and torments us. The recipe is to change the direction of energy, the analogy of which are the stones that I did not throw away, but put aside to remind me of mistakes and self-inflicted injuries'.*

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<sup>1</sup> The author here is referring to a demon from a Japanese fairy tale, which he came across many years ago. Unfortunately, despite the extensive searching, the attempt to find the title of that fairy tale has not succeeded. Thus, the demon's name, Kuzuri, has been written and printed phonetically in the way the author has remembered it.

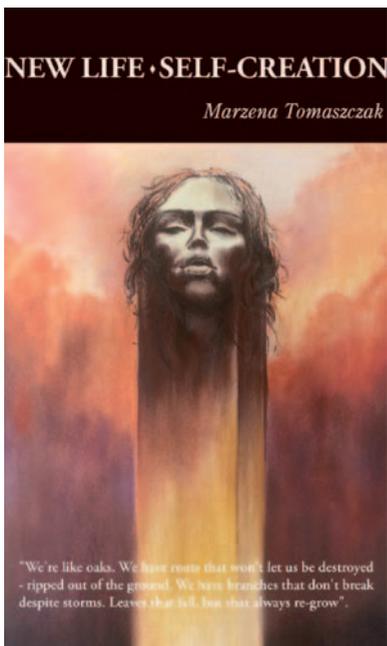
*'Perfection is like a white rabbit – you chase it, you desire it, you want it, but it's always somewhere a millimeter away from your nose, which feels it so thoroughly... '.*

**Ras intends to help you stop walking on hurting stones  
and start living a happy and fulfilling life instead.**

Our writers:

**Marzena Tomaszczak**, educated as **pedagogy MA**. For 22 years, she has been passionate about **Chinese medicine, healthy lifestyle, holistic understanding of the world and open-minded look at its problems. Born and living in the area rich in Celtic culture historical traits.**

Creator and for many years editor of the first regional newspaper “The World of Sobótka” (“Świat Sobotki”) in the post-war Sobótka city with Ślęża Mountain, in Lower Silesia, the cradle of Slavic culture and early religion. Her fascination with nature, with the place where she lives and love for children inspired her to write “Crystal fairy tales” in which the power of the legendary crystal Ślęża Mountain heals and gives the joy of life. Fairy tales “The Angels fly out of heart”, “The Elve’s House”, “Two Beetles”, “Forest”, “The Slavic Mountain Dēor” and others constitute a volume of fairytales. M. Tomaszczak’s fairy tales play an important role in shaping pro-ecological attitudes in children and young people and as ‘ecological fairy tales’ were noticed during the XXII edition of the Lower Silesian Science Festival in 2019 with their role in the children’s education about contemporary ecological problems. The volume of poems „Crystal Awakening” is the result of deep meditations, reflections and conclusions about the changing times in which we live. She has enriched her life by experiencing a trip to Tibet and visiting a foundation for children. The poems from this volume are included in the book „New Life. Self-Creation”.



The Book:  
„*New Life. Self-Creation*”

Her book is a foundation for any self-creative process for every man and woman of every age, also with a perspective on children and the development of their morality and identity. She does not escape any subject, including pain and painful human growth. Approaching the sphere of sex, she comes up with essential observations and diagnosis of the current ills, eg. that we have been not thought the proper relationship between sexes (genders), how the sexes should approach each other. A huge, long story, of growing up, spending time with yourself and your grief and suffering, and finally going out through the gates of submission to the heart. The book filled with her poetry and the drawings, which are close to her soul.

## Extracts:

*'Wisdom comes with development and love for yourself'.*

*'When we experience pain, we are immersed in sadness and a state of mourning; everything falls out of our hands, the world changes colours and even loses them, and we lose our heads and forget almost everything, making many mistakes over and over again. We stand in the way of endless negative experiences. We call this fate, or curse, or we look for the guilty. Then we resemble a fisherman who is no longer casts a fishing rod, but a whole net trying to find the victims of his fault. The state of arousal or total stagnation does not leave us. Those more frightened go to the doctor saying that their blood pressure is rising or they cannot sleep, or lose their appetite, or can eat an elephant, or they feel pain in their body.*

*Then we don't even want to think that the starting point and the finish line are in us'.*

*'Sacrum Profanum have no respect any longer'.*

*(From the poem: „**Sacrum Profanum**”)*

*'There is one God for all of us'.*

*(...)*

*'Today is the time of the conquest'.*

*'This is the tyranny of human places'.*

*(From the poem: „**God**”)*

*,No one has ever taught us how to live to understand ourselves. How to proceed when lies, violence, heartlessness, soullessness, greed, covetousness, and cunning manipulation stand in our way. Rat races, rivalries and competitions has been introduced as stimulants. What about those who do not want violence and rivalry, only normality, compliance in full acceptance and perception of themselves as an element of nature. Where is their place in this hierarchy artificially carved and supporting the mind and not the heart?'*

*'Let's not cling to our habits, patterns, desires, but let's try to part with them culturally and maybe understand better.'*

By destroying others, they wish to grow.  
But they're only forming a block,  
which has been a carrier of dusk.  
A dark curtain of darkness. A black veil.  
A shadow, shrouded in a stand-still.  
Insanity in their eyes, the scream of their confession.  
You'd like to bring relief, but how?  
God help! Give me a sign.

(from the poem M.T „*The Crystal Awakening*")

'Children often love their parents for nothing, for the very fact that they are their parents. (...) Emptiness or resentment in the family home push them out into the streets. (...) It's worse when they are left alone and have to look for solutions to the ills and troubles of the world'.

## *The Wizard gate*

*The wizard gate*

*Leading to PARADISE.*

*You chose the way.*

*You want to go forward,*

*Or you retreat*

*step back*

*AFRAID?*

*There's nobody waiting there.*

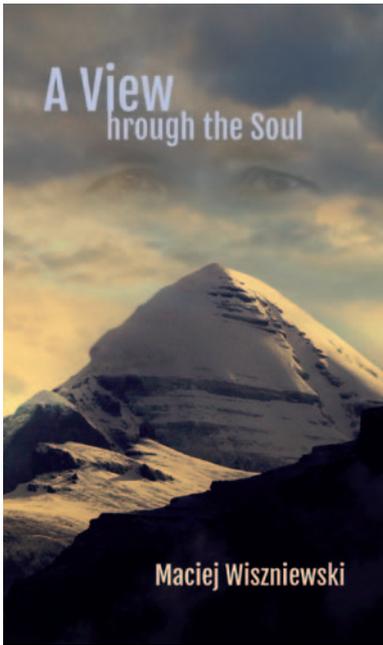
*But you can always*

*Try to search for yourself*

## Our writers:

**Maciej Wiszniewski – the Publisher. The Founder and Owner of the New Space Publishing House. Ever – learning open mind, DBA, Head Executive. The author of five books: “The Source of Knowledge”, “A View through the Soul”, “Life”, “Love” and “Angels and Demons”. Fascinated by the philosophy of the East, a traveller – a loner. Explorer of the indigenous, Slavic tradition and its ancient roots. Friendly towards every human being, open to cooperation, although he does not say much about himself. The only opinion about himself that one can find on the Internet is: ‘I am not old, angry or ironic. Also, I am not handsome, smart or gentle. I am’.**

His book, “A View through the Soul”, which is his manifest, has been written during his trip to Tibet, where he has experienced a transformation into a man wishing to open the new soul realm, not only for himself but also for his readers.



Book:

*“A View through the Soul”*

### Extracts

*‘At the beginning, I did not know it yet, I did not understand how important my journey was. A few weeks of living in Tibet made me write a book there. It is the resultant of the history of the people I have met in my life, of my own failures, thoughts and the journey around the Kailash Mountain (...).’*

*‘The time has come to create something new, and not to sustain the old. What is the meaning of what we have lived, after all, in comparison with what is before us?’*

**M. Wiszniewski is sometimes ironic, sometimes serious,  
but in fact, in both cases he is serious  
as to the deep rules that govern the World.  
Everybody may like his thoughts.**

*Don't fool people that the world is beautiful and wonderful. The world is full of pain and suffering and only when there are understanding and acceptance in ourselves, the world can appear beautiful and wonderful here and there'.*

**'The world today is a sea of suffering, with small islands of pleasure. You drift on it but you do not know what for, you do not see the purpose. (...) You are here for one reason – to learn to forgive, to be sensitive and to learn to be (...) compassionate. (...) Humanity creates history, overwriting it all the time, triggering new events, with the consequences of which we will later live. By learning acceptance and humility you will experience the purpose of life, which is the key to this (new) world'.**

*'(...) If I don't go to bed with a woman, then I am gay, if I go I am a rascal. When I help people infinitely, they will use me, when I close myself to people, I am an egoist. I was running away from bastards and chasing the monks. I used a strict diet to avoid eating animals. I was also wrong here. (...)'*

***Just because someone is in front of you, doesn't mean they're going in the same direction'.***

*'I will tell you my secret. Once I really wanted to encounter God. I wanted it tremendously. It was my greatest dream. When I finally managed to be where He was, I could not meet Him. The space was fabulous, there was magic around, but there was no Him. It was a bit sad that I could not meet him, so I started to come back to where I came from. Then I looked at my hands and body. They were all colourful, in all the colours I have ever known, they glittered and shined, with a corresponding bright glow around my hand. When I started moving these hands, I realized that God can see my hands in details, and experiences them in this way. He was inside me. I realized that He is in me all the time and through me. He experiences the world. I am the dust of the Universe, one of the numerous particles of it, through which God experiences Himself. God is with each of us, and He is also with you. We are His feedback. He is getting to know the world, through us'.*

*'I met a friend recently, who started telling me how he already understands and knows everything, how awake he is. Then he asked me, what I thought about it. I asked him a question that surprised him: why don't you have a smile on your face, when you're telling me about it?'*

*'Love is considered by some, to be one of the two forces that are the core of everything in the Universe; and its opposite is fear. Such thinking categorizes our way of being: into blind love and great fear. Speaking only about love and fear is the greatest illusion of humanity. Love itself does not need fear in order to flourish. (...).'*

*'See, if you record the words „I love you” on the voice recorder, and listened to them even non-stop, you will not get what you want, right? What is lacking is a presence.'*

*\*\**

*- Most people follow the crowd for happiness.*

*- So why are you laughing?*

*- Because it is in the opposite direction.*

*\*\**

**You can find these and many more thoughts  
in the book “A View through the Soul”  
and in a beautiful film:**

<https://youtu.be/ciuOmwNnYH4>

**We invite you to share Maciej Wiszniewski’s views through the soul via his own and other authors books published by New Space Publishing House.**

## New Space Publishing House

**If you want to know us better, visit our website:**

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new-space-publishing-house/](https://otoksziazka.com/index.php/2019/05/29/new-space-publishing-house/)

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**New Space**  
**The Literature Gate to Life**

‘To the book only will some men show their eyes and faces,  
sometimes,  
and some only to the Bible or to the Psalms.  
The book is the gateway to life.  
Those who know it enter it,  
some people never come out of that gate again.  
Only so much has been seen of them (...).  
*(from a poem by translator of some NS books)*

**New Space**  
**The Literature Gate to the Soul**

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